

LEAD *by* HEART

HEART COACH

FACILITATOR TRAINING

SEPT 2024 – FEB 2025

US & AUS
TIMEZONE

Learn to empower your clients, colleagues and loved ones to transform their relationship upsets with conscious communication.

Trimester 1: EMBODYING THE TOOLS

We are intimately connected with the tools of conscious communication

- We understand why, when and how to apply each tool
- We are applying them successfully to transform our current relationship upsets
- We are refining our personal stories of relationship transformation

Trimester 2: EMPOWERING OTHERS

We are supporting our 'clients' to be intimately connected with the tools

- We understand where their conflicts stem from
- We are skilfully modelling how to use the tools
- We know how to deepen our clients' understanding of the tools

Trimester 3: GROWING MASTERY

We can masterfully navigate any circumstances that arise with our clients

- We can grow mutual understanding in any client relationship
- We can identify and transform our own barriers to clients' scenarios
- We can skilfully re-engage disengaged clients

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Completion of the program and all assignments will certify you to use the Heart Coach Communication Tools with clients, colleagues and loved ones.

PROGRAM STRUCTURE

- Maximum 10 participants
- 9 x 3-hour group Zoom calls
- 9 x assignments (solo reflection, practice coaching)
- Access to call recordings for 12 months
- Access to group chat between sessions

SESSION TIMES

Session 1: 8am Sept 18th

Session 2: 8am Oct 2nd

Session 3: 8am Oct 16th

Session 4: 8am Nov 20th

Session 5: 8am Dec 4th

Session 6: 8am Dec 18th

Session 7: 8am Jan 22nd

Session 8: 8am Feb 5th

Session 9: 8am Feb 19th

*Times above are Wednesdays AWST (Perth time). Sydney time is 10am/11am. Los Angeles time is 5pm/4pm the previous day. New York is 8pm/7pm the previous day.

COST

Full payment: \$AU4400

Payment plan option: 3 x \$AU1540 = \$AU4620

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